



401 GENERAL MILITARY
HOSPITAL OF ATHENS

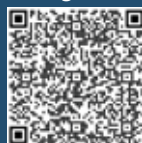


2nd SCIENTIFIC MEETING

MINIMALLY INVASIVE GYNAECOLOGICAL SURGERY

*From Laparoscopy to Robotic Surgery:
Innovation, Training and Interactive
Engagement*

Program



14 NOVEMBER 2026

Time: 09:00

401 General Military Hospital

- Free Registration
- Educational Surgical Videos
- Debate: Laparoscopy vs. Robotic Surgery
- Robotic Surgery Workshop
- Observership Fellowship Award
- Live Slido Q&A

SCIENTIFIC PROGRAM

Hybrid



INVITATION

Dear Colleagues,
Dear Friends,

It is a great honour and pleasure to welcome you to the **2nd Scientific Seminar of the Gynecological Clinic of the 401 General Military Hospital of Athens**, entitled **“Minimally Invasive Gynecological Surgery: From Laparoscopy to Robotic Surgery – Innovation, Education, and Interactive Participation.”**

This year's scientific programme has been designed to bring together international expertise, interactive learning, and contemporary practice in minimally invasive and robotic gynecological surgery. It features keynote lectures by distinguished international speakers, interactive sessions, and brief, focused presentations centred on surgical videos, discussion, and live voting via Slido. The programme also includes Hot Topics sessions addressing current challenges and offering interdisciplinary perspectives on minimally invasive surgery.

A highlight of this year's programme is the interactive debate, **“Laparoscopy vs Robotics: Is Robotics the Next Step?”** This structured scientific exchange will bring together teams representing laparoscopic and robotic surgery. The debate will be led by chairs with specialist expertise, while distinguished expert discussants will critically assess the arguments presented by both teams, drawing on their scientific knowledge and surgical experience. Slido moderators will facilitate questions and live voting, bringing the audience's views into the discussion and encouraging active participation throughout the session.

Another key feature is the **“Mastering the Retroperitoneal Space & Robotic Training Workshop,”** which combines instruction in retroperitoneal anatomy with hands-on training using da Vinci® surgical system simulators. The participant achieving the highest overall performance will be awarded a two-day observership at one of Europe's leading centres for robotic gynecological surgery.

I would like to extend my sincere thanks to all speakers from Greece and abroad, the session chairs and moderators, the members of the Scientific and Organizing Committees, and everyone whose dedication has contributed to the preparation of this seminar.

This year's seminar is held in honour of the memory of **Professor Alexandros Rodolakis**, Professor of Obstetrics and Gynecology.

I hope that this seminar will provide a valuable opportunity for scientific exchange, constructive dialogue, and inspiration for all participants. Your presence and active participation are central to the success of our scientific meeting.

Sincerely,

Artemis Alexopoulou

Colonel (Medical Corps) Director of the Gynecological Clinic,
401 General Military Hospital of Athens President
of the Organizing and Scientific Committees



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PRESIDENT Colonel (Medical Corps)

ARTEMIS ALEXOPOULOU

ORGANIZING COMMITTEE

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KONSTANTINOS KYRIAKOPOULOS

ILIAS RIGANAKOS

GEORGIA TZOUNAKOU

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2nd SCIENTIFIC
MEETINGMINIMALLY INVASIVE
GYNAECOLOGICAL SURGERY

401 General Military Hospital

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SCIENTIFIC PROGRAM

- 09:00-10:00** **Registration**
- 10:00-10:05** **Opening of the Seminar (Official Guest / Representative of the Army Medical Directorate)**
Brigadier General I. Poulakidas,
Director of the Army Medical Directorate / Hellenic Army General Staff (GES)
- 10:05-10:10** **Welcome Address**
Brigadier General (Medical Corps) I. Zangas,
Director of 401 GMHA
- 10:10-10:20** **In Memoriam – Professor Alexandros Rodolakis**
Awarding of a Commemorative Plaque by the Directors of the Gynecological Clinics of the Armed Forces:
401 General Military Hospital of Athens (401 GMHA): Colonel A. Alexopoulou
Hellenic Navy Athens Hospital (HNAH): Captain N. Petrogiannis
251 Hellenic Air Force General Hospital (251 HAFGH): Lieutenant Colonel Th. Gatzionis
- 10:20-10:25** **Presentation of the Gynecological Clinic of 401 GMHA - Welcome Address**
A. Alexopoulou
- 10:25-10:45** **Presentation of the two hosting centers for the two-day Fellowship (Workshop Award)**
Presenter: **G. Grigoriadis**
IFEM Endo – Clinique Tivoli-Ducos, Bordeaux, France
Prof. H. Roman

Presenter: **A. Alexopoulou**
Fondazione Policlinico Universitario Agostino Gemelli IRCCS, Rome, Italy
Dr. G. Panico
- 10:45-12:15** **SESSION I**
BENIGN UTERINE DISEASES AND REPRODUCTIVE AGE
Chairs A': **G. Antonakis, G. Koliopoulos, G. Patrikios, N. Petrogiannis**

The position of reproductive surgery in relation to IVF

S. Chandakas

Ovarian endometriomas and fertility preservation: Modern therapeutic options

F. GrozouDiscussants: **Th. Akrivos, I. Zervomanolakis****KEYNOTE LECTURE:** Minimally Invasive Gynecologic Surgery for infertility, endometriosis and fertility preservation: Is it the Gold Standard?**Prof. M. Mabrouk (UK)**Introducer/Discussant: **Prof. A. Daniilidis****Online Live Streaming**

SCIENTIFIC PROGRAM

Chairs B': **S. Kogiorgos, P. Oikonomidis, E. Chirakis, P. Tromboukis**

Robotic Surgery and large fibroids: Is it feasible or not?

N. Plevris

Searching for «Ariadne's Thread» in deep infiltrating endometriosis

K. Kyriakopoulos

Nerve-sparing and deep infiltrating endometriosis

A. Lazaridis

Discussion/Comments: **S. Karampelas**

Slido: **A. Douligeris**

12:15-12:45

Coffee Break

12:45-13:45

SESSION II

GYNAECOLOGICAL CANCER AND MINIMALLY INVASIVE SURGERY

KEYNOTE LECTURE: Minimally Invasive Surgery in Gynaecology Oncology: Pushing the boundaries in complex cases

V. Gallotta

Introducer/Discussant: **A. Alexopoulou**

Chairs A': **N. Akrivos, D. Papatheodorou, Ch. Theofanakis**

Beyond hysterectomy in endometrial cancer: What we need to know

I. Biliatis

Can we avoid laparotomy? Patient selection for interval debulking

D. Chaidopoulos

Robotic surgery in early-stage cervical cancer: Are we ready for its return?

K. Lathouras

Discussion/Comments: **E. Kalampokas**

Slido: **K. Strataki**

***13:30-14:30**

CLINICAL TUTORIAL – WORKSHOP

Coordinators: **V. Gialelis, Ch. Zymperdikas, Ch. Karachaliou, I. Riganakos**

Anatomy of the retroperitoneal space

P. Giannakas (Theoretical Part Instructor)

Introduction to Robotic Gynecological Surgery

N. Plevris (Official Intuitive Instructor)

Exercises on Simulators – Da Vinci

N. Plevris

SCIENTIFIC PROGRAM

13:45-14:45

SESSION III
HOT TOPICSChairs: **G. Vorgias, Th. Panoskaltsis, E. Demetriou, G. Mikros**

Complications in Robotic Gynecological Surgery: Prevention, Recognition, and Management

E. Karatrasoglou

Robotic Thoracic Surgery: What the Gynecological Surgeon needs to know

K. Konstantinidis

Colorectal complications in Minimally Invasive Surgery: The colorectal surgeon's perspective

E. Lagoudianakis

Urological complications in Minimally Invasive Surgery: The urologist's perspective

P. NikolopoulosSlido-Comments: **N. Vlachos, K. Zioris, L. Papadopoulos**

14:45-17:15

Light Lunch - Reception at the 401 GMHA Reception Hall

17:15-17:30

Presentation of workshop results / Awarding of the fellowship prize
P. Giannakas - A. Alexopoulou

17:30-18:30

DEBATE

Chairs: **D. Bolovis, G. Pistofidis, A. Protopapas, V. Chatzirafail**

Laparoscopic Surgery versus Robotic Surgery in Gynecology: Is Robotics the next step?

Laparoscopic Surgery Team: **S. Karamelas, N. Kathoulis**Robotic Surgery Team: **D. Balafoutas, I. Biliatis**

Expert Discussants:

Prof. N. Vlachos**Prof. G. Grimbizis****Prof. Th. Theodoridis****Prof. D. Chaidopoulos**Slido Moderators: **A. Alexopoulou - S. Kogiorgos**

18:30-18:35

Closing Remarks
A. Alexopoulou



Registration

Participation in the seminar is FREE

Robotic Training Workshop

(Mastering the Retroperitoneal Space & Robotic Training)

Places are limited. Pre-registration is required.

* Eligibility for the assessment process for the award of a Two-Day Observership Fellowship requires attendance at one complete scientific session (Full Scientific Session) of the meeting.

General Information

Conference Date: Saturday, November 14, 2026

Venue: 401 General Military Hospital of Athens (401 GSNA) – 138 Mesogeion Avenue & Katechaki, P.C. 11525, Athens, and via Live Streaming

Seminar Language: The official languages of the seminar are Greek and English. Simultaneous translation will not be provided.

Accreditation (Credits): The Hellenic Obstetrical and Gynecological Society (HSOG) will award Continuing Medical Education (CME) credits.

Certificate of Attendance: Certificates of attendance will be sent electronically after the conclusion of the conference. In accordance with the strict guidelines of the National Organization for Medicines (EOF), certificates will only be issued to participants who have attended more than sixty percent (60%) of the total scientific program layout.

Seminar Secretariat:



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