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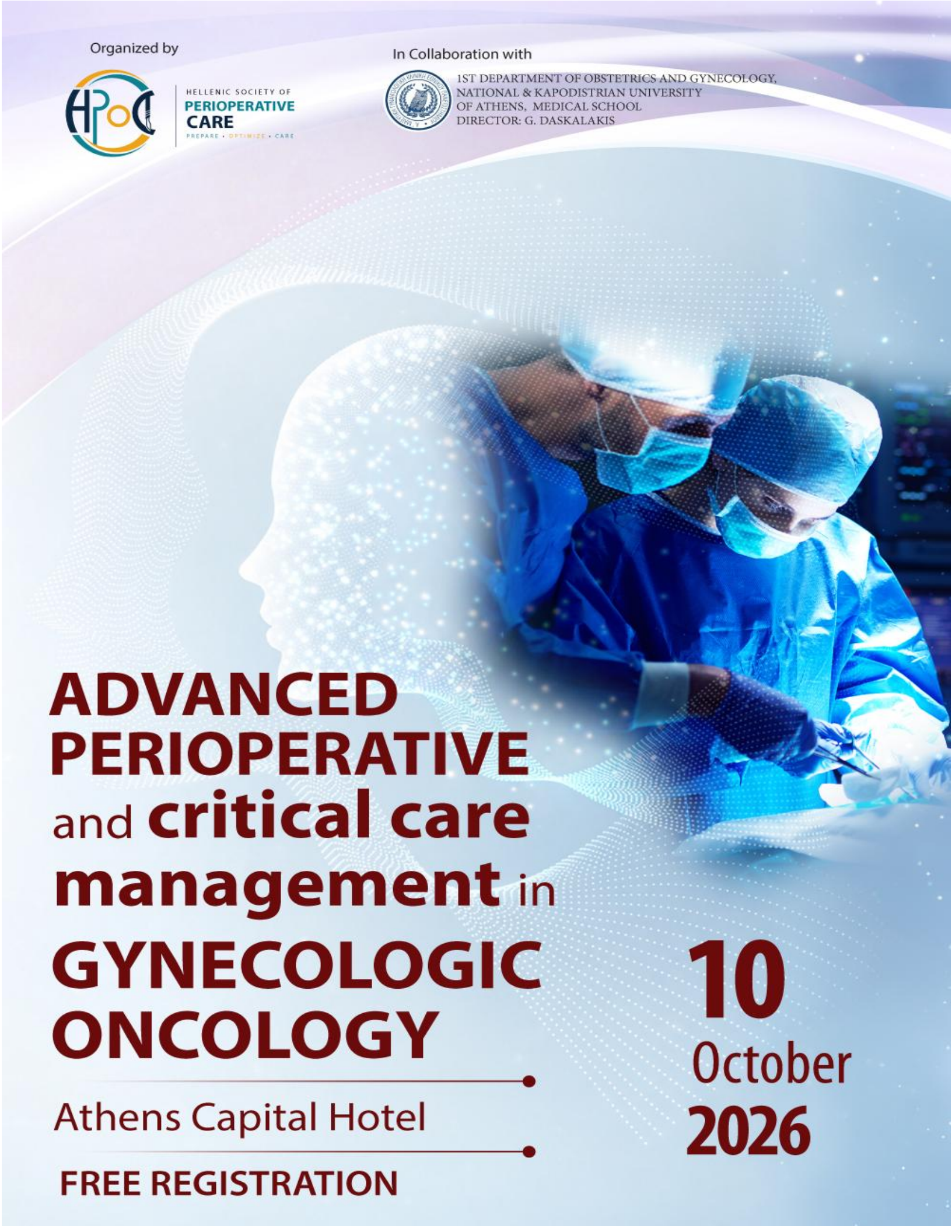


HELLENIC SOCIETY OF
**PERIOPERATIVE
CARE**
PREPARE • OPTIMIZE • CARE

In Collaboration with



1ST DEPARTMENT OF OBSTETRICS AND GYNECOLOGY,
NATIONAL & KAPODISTRIAN UNIVERSITY
OF ATHENS, MEDICAL SCHOOL
DIRECTOR: G. DASKALAKIS



ADVANCED PERIOPERATIVE and critical care management in GYNECOLOGIC ONCOLOGY

Athens Capital Hotel

FREE REGISTRATION

10
October
2026

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WELCOME ADDRESS

Dear Colleagues,

It is our great pleasure to welcome you to the Scientific Meeting on “Advanced Perioperative and Critical Care Management in Gynecologic Oncology,” to be held in Athens, Greece, on 10 October 2026, at the Athens Capital Hotel. This meeting is jointly organized by the Hellenic Society of Perioperative Care and the First Department of Obstetrics and Gynecology, National and Kapodistrian University of Athens, bringing together leading clinicians, researchers, and allied healthcare professionals committed to advancing perioperative and critical care for women with gynecologic cancer. The optimization of perioperative care has become a cornerstone of contemporary surgical practice, with growing evidence demonstrating its pivotal role in improving patient outcomes, accelerating recovery, and reducing postoperative morbidity. In gynecologic oncology, where patients frequently undergo complex surgical procedures and require individualized multidisciplinary care, the integration of evidence-based perioperative pathways with modern critical care principles is essential for delivering high-quality, patient-centered treatment. Throughout this Scientific Meeting, experts will present the latest evidence and emerging concepts across the continuum of perioperative management, including preoperative optimization, anesthetic and intraoperative strategies, postoperative recovery pathways, critical care management, nutritional support, pain management, and the multidisciplinary coordination required for the care of high-risk surgical patients. Particular emphasis will be placed on translating current evidence into everyday clinical practice while identifying areas where further research and innovation are needed.

Beyond the scientific program, this meeting aims to foster meaningful discussion, collaboration, and the exchange of ideas among gynecologic oncologists, anesthesiologists, intensivists, perioperative physicians, nurses, midwives, physiotherapists, nutritionists, and other healthcare professionals dedicated to improving perioperative outcomes.

We are confident that your active participation will contribute significantly to the success of this meeting and to the continued advancement of perioperative and critical care in gynecologic oncology.

We look forward to welcoming you to Athens.

With our warmest regards,

Nikolaos Thomakos

Professor of Obstetrics & Gynaecology - Gynaecologic Oncology
National and Kapodistrian University of Athens (NKUA)

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SCIENTIFIC PROGRAM

09:00-09:15 WELCOME ADDRESS

Prof. Georgios Daskalakis

09:15-09:30 OPENING REMARKS

Prof. Nikolaos Thomakos

09:30-11:00 MORNING SESSION | PREOPERATIVE PREPARATION & PREVENTION

 Chair: **Dimitrios Papatheodorou, George Vorgias**

09:30-09:45 Prevention of surgical complications with enhanced prehabilitation

Vasilios Pergialiotis

09:50-10:05 Frailty & Pre-rehabilitation: Assessing the frailty of the gynecological oncological patient and preoperative optimization (anemia, nutrition) before major surgery

Dimitrios-Efthymios Vlachos

10:10-10:25 Thromboprophylaxis & Oncology: An individualized approach to the prevention of Venous Thromboembolism (VTE) in high-risk procedures

Stamatios Petousis

10:30-10:45 Advanced nutritional support: Beyond traditional thinking

Alexandros Tsigkas

10:45-11:00 Discussion

 Commentator: **Emmanouel Kalambokas**

11:00-11:30 Break

11:30-12:40 MIDDAY SESSION | SURGICAL GUIDELINES & CRITICAL CARE

 Chairs: **Georgios Vlachos, Theodore Panoskaltsis, Nikolaos Thomakos**

11:30- 11:50 Ovarian Cancer Surgery / ESGO Ovarian Cancer Guidelines

Ane Gerda Zahl Eriksson

12:00-12:15 Critical Care Management in Gynecological Oncology Surgery

Nikolaos Thomakos

12:20-12:35 Advanced Hemodynamic Monitoring: Goal-Directed Fluid Therapy (GDFT) strategies during extensive cytoreductive surgeries

Effimia Evodia

12:35-12:40 Discussion

 Commentator: **Emmanouel Stamatakis**

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12:40-13:00 Break
13:00-14:30 AFTERNOON SESSION | COMPLICATIONS & RECOVERY

 Chairs: **Dimitrios Haidopoulos, Dimitrios Valsamidis**

- 13:00-13:15 Acute Kidney Injury (AKI) & Electrolyte Disturbances: The impact of fluids, medications, and intra-abdominal pressure on renal function
Kolovou Kyriaki
- 13:20-13:35 Acid base disorders in the postoperative ICU. A practical approach to complex metabolic acidosis and alkalosis
Konstantina Kallopita
- 13:40- 13:55 Anastomotic Leak & Sepsis: Early clinical signs, imaging, and decision-making for re-operation vs. conservative management in the ICU
Pantelis Antonakis
- 14:00- 14:15 Pain Control & Mobilization: Unlocking functional recovery
Chrysoula Margioulas-Siarkou
- 14:15-14:30 Discussion
Commentator: **Konstantinos Stroumpoulis**

14:30-15:30 WORKSHOP - CASE PRESENTATION

 Chairs: **Charalambos Theofanakis, Nikolaos Machairiotis**

 Participants: **Dimitrios Zouzoulas, Vasileios Lygizos, Ioannis Rodolakis, Kyveli Angelou, Athanasios Douligeris**

 Discussion
Commentator: **Nikolaos Kathopoulos**



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GENERAL INFORMATION

VENUE

Athens Capital Hotel

4 Eleftheriou Venizelou Avenue & 2 Kriezotou Street Syntagma Square, 105 64 Athens, Greece
Tel: +30 214 444 2000

DATES

The Meeting will be held on Saturday, October 10, 2026.

LANGUAGE

The lectures of the Meeting will be delivered in both Greek and English.

ACCREDITATION

The Meeting has been granted with 3 CME credits by the Hellenic Society of Obstetrics and Gynaecology (HSOG).

ORGANIZED BY



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MEETING SECRETARIAT



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